

# BEHAVIORAL HEALTHCARE SUBCOMMITTEE Meeting 1 – Sept 1, 2023

### **SURVEY RESULTS SUMMARY**

- Review problem statements
- Evaluate and prioritize
- 9 Responses
- 7 Subcommittee members





### Problem Statement 1 (8 yes, 1 no, 0 skipped)

Significant gaps exist in behavioral healthcare funding required to operate, maintain, recruit and retain staff, provide required supervision and transportation, and ensure available space at care facilities.

### Yes

- Insufficient funding examples
- Medicaid and insurance amounts
- Owners of challenges
- Amount of funding needed
- Existing available funding sources
- Awareness of workforce development legislation

#### No

 Too broad – funding is an issue, but other items are causing impacts



### Problem Statement 2 (6 yes, 2 no, 1 skipped)

Private behavioral healthcare professionals are opting out of treating patients with Medicaid or insurance coverage due to lengthy reimbursement processes and incomplete payment.

#### Yes

- Reimbursement ownership
- What is causing delays or incomplete pay
- Trends to indicate growing problem
- What impact can SWISS achieve?
- Will Medicaid engage?
- Data on Medicaid vs other patients.

#### No

 Needs to be directly addressed with Managed Care Organizations (MCOs)



### Problem Statement 3 (4 yes, 3 no, 2 skipped)

Emergency responders do not have access to timely, regional information that would allow them to quickly identify appropriate care for an individual in crisis.

#### Yes

- What solutions have been attempted?
- Success outside region?
- Local access to electronic medical records (EMR)
- Existing resources (Julota in Skagit County)
- Connect issue to challenges in transportation
- Connect issue to challenge in 1<sup>st</sup> responder access

#### No

- Not a root problem
- Smaller issue than system capacity



### Problem Statement 4 (6 yes, 2 no, 1 skipped)

An absence of behavioral health care in rural areas requires temporary supervision and transportation of patients, which often means being held in jails or emergency rooms.

#### Yes

- Jail, hospital, patient impact data
- Expand to include urban and mid-rural
- Identify continuum of care gaps
- Alternative facility options?
- Solutions being developed
- Role of peer counselors to support transition

#### No

It's a challenge, but not the root of the problem



### Problem Statement 5 (7 yes, 1 no, 1 skipped)

The absence of long-term care and housing options, including supervised living or affordable housing, leaves individuals without adequate support upon leaving care.

#### Yes

- Role of independent and supported housing
- Accountable agencies?
- Wait time and other impact data
- Are there supportive housing models?
- Detail barriers to housing (land availability)

#### No

Funding is the root challenge



### Problem Statement 5 (5 yes, 3 no, 1 skipped)

Differences in understanding and awareness among cooperating organizations and municipalities regarding successful behavioral healthcare outcomes, as well as knowledge gaps about effective strategies, hinder efficient and effective coordination.

#### Yes

- What are the differences?
- What alignment in philosophies is required?
- Evidence-based solutions focus
- What education and research is available?
- What are different priorities for PA, sheriff, police, or elected officials?

#### No

- Too wordy and inarticulate
- Issue, but not a root problem.



### **SUBJECT MATTER EXPERTS**

- North Sound BH-ASO
- Direct Service Providers
- Health Care Authorities
- Regional Health Agencies
- Medicaid Director
- Other county or city staff
- DSHS
- Providers who have left field
- DOH Licensing
- Managed Care Organizations
- Law enforcement

- Social workers
- Transportation agencies
- Public Health Directors
- Department of Commerce
- Housing Authorities
- Aging and Long Terms Support (ALTSA)
- Adult Protective Services
- UW Researchers
- SAMSHA
- CDC



### **PRIORITIZATION RESULTS**

Statements ranked as the number 1 priority were given a higher score. The higher the average score, the greater the priority.

#### Average Score





### MISSING ISSUES

 Appropriate treatment options and federal interventions for Fentanyl